

HILLARY C. DEVLIN

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EDUCATION

- 2017 (expected) **Ph.D., Yale University**
 Concentration: Clinical Psychology
- 2014 **M.Phil., Yale University**
 Concentration: Clinical Psychology
- 2013 **M.S., Yale University**
 Concentration: Clinical Psychology
- 2010 **B.A., The College of New Jersey**
 Concentration: Psychology

HONORS, FELLOWSHIPS, & AWARDS

- 2013 Associates in Teaching Award, Yale Graduate School of Arts & Sciences
- 2013 Yale Graduate School Assembly (GSA) Conference Travel Fellowship (\$150)
- 2013 National Science Foundation (NSF) Graduate Fellowship, Honorable Mention
- 2012 APAGS/Psi Chi Junior Scientist Fellowship (\$1000)
- 2012 Yale Psychology Department, Supplemental Graduate Student Research Funds (\$500)
- 2012 National Science Foundation (NSF) Graduate Fellowship, Honorable Mention
- 2010 The Honor Society of Phi Kappa Phi
- 2010 Magna Cum Laude
- 2009 NIH Summer Student Intramural Research Training Award (IRTA) Fellowship
- 2009 Psi Chi, The International Honor Society of Psychology
- 2007–2010 Dean’s List

PUBLICATIONS

- Devlin, H.C.,** Zaki, J., Ong, D., & Gruber, J. (2014). Not as good as you think? Trait positive emotion is associated with increased self-reported empathy but decreased empathic performance. *PLoS ONE* 9(10), e110470. doi:10.1371/journal.pone.0110470
- Tugade, M.M, **Devlin, H.C.,** & Fredrickson, B.L. (2014). Infusing positive emotions into life: The broaden-and-build theory and a dual-process model of resilience. In Tugade, M. M., Shiota, M. N., & Kirby, L. (Eds.), *Handbook of Positive Emotions*, New York, NY: Guilford Press.
- Gruber, J., Dutra, S. J., Hay, A.C., & **Devlin, H.C.** (2014). Positive emotion and reward dysregulation across disorders: A transdiagnostic approach. In Tugade, M. M., Shiota, M. N., & Kirby, L. (Eds.), *Handbook of Positive Emotions*. New York, NY: Guilford Press.
- Gruber, J., **Devlin, H.C.,** & Moskowitz, J. (2014). Seeing it all: The light & dark sides of positive emotion. In Gruber, J., & Moskowitz, J. (Eds.), *The Light & Dark Sides of Positive Emotion*. New York, NY: Oxford Press.

Ashida, S., Hadley, D.W., Goergen, A.G., Skapinsky, K., **Devlin, H.C.**, & Koehly, L.M. (2011). The importance of older family members in providing social resources and promoting cancer screening in families with a hereditary cancer syndrome. *The Gerontologist*, 51(6), 833-842.

MANUSCRIPTS: UNDER REVIEW

Devlin, H.C., Johnson, S.L., & Gruber, J. (under review). Feeling good and taking a chance? Associations between mania risk with cognitive & behavioral risk taking. *Cognitive Research and Therapy*.

Devlin, H.C., Clark, M.S., & Gruber, J. (under review). The brake and release (BAR) model: An integrative account of the light and dark sides of positive emotion. *Perspectives on Psychological Science*.

MANUSCRIPTS: IN PREPARATION

Devlin, H.C., Zaki, J., Ong, D., & Gruber, J. Riding the emotional highs, but not the lows: Mania risk is associated with positive biases in empathic accuracy.

Devlin, H.C., & Clark, M.S. How do we react to positive emotion in others? A process model of potential responses.

Devlin, H.C. & Tugade, M.M. Sharing good news in bad times: The effects of capitalization on resilience and interpersonal resources.

PUBLISHED ABSTRACTS

Hadley, D.W., Ashida, S., Giroux, A., **Devlin, H.C.**, McBride, C., & Koehly, L.M. (2009, October). Comparing emotions and cancer screening behavior between family members who do or don't receive genetics services for Lynch syndrome (Abstract #1504). Presented at the American Society of Human Genetics Annual Meeting, Honolulu, HI.

CONFERENCE TALKS & INVITED TALKS

Clark, M.S. & **Devlin, H.C.** (2014). Four routes to responding to positive emotion in others. The Society for Affective Science (SAS) Positive Emotions Preconference, Washington, DC.

Devlin, H.C. (2014). Yale Visiting Day: Clinical Area Research. Yale Graduate Student Visiting Day, New Haven, CT.

Gruber, J., **Devlin, H.C.**, & Clark, M.S. (2013). Taking the good with the bad: The brake and release (BAR) model of positive emotion. Emotion Research Group (ERG), Toronto, Canada.

Devlin, H.C., Zaki, J., & Gruber, J. (2013). Positive emotion and empathy: Can feeling good be bad for understanding others? Data Blitz Talk at the Annual Society for Personality and Social Psychology (SPSP) Emotion Pre-Conference, New Orleans, LA.

Devlin, H.C. (2011). Spreading the good news of others: An investigation of the benefits of vicarious positive emotion. Mid-Hudson Psychology Research Conference, Poughkeepsie, NY.

CONFERENCE POSTER PRESENTATIONS

- Webb, V., **Devlin, H.C.**, & Gruber, J. (2015, upcoming). Emotional eating? Positive and negative emotions predict unhealthy food choices. The Society for Personality and Social Psychology Annual Meeting. Long Beach, CA.
- Devlin, H.C.**, Zaki, J., Ong, D. & Gruber, J. (2014). Not as good as you think: Trait positive emotion is associated with greater perceived empathy, yet poorer empathic performance. The Society for Personality and Social Psychology Annual Meeting. Austin, TX.
- Devlin, H.C.** & Gruber, J. (2013). Feeling good and taking a chance? Associations between mania risk and cognitive & behavioral risk taking. The Society for Research in Psychopathology Conference, Oakland, CA.
- Devlin, H.C.**, Zaki, J., & Gruber, J. (2013). Positive emotion and empathy: Can feeling good be bad for understanding others? The Society for Personality and Social Psychology Annual Meeting. New Orleans, LA.
- Hay, A.C., **Devlin, H.C.**, Zaki, J., & Gruber, J. (2013). The link between emotion regulation and empathy for positive emotions. The Society for Personality and Social Psychology Annual Meeting. New Orleans, LA.
- Tugade, M.M., **Devlin, H.C.**, Shaughnessey, Y., Mestitz, L., & Hubbard, M. (2013). Emotional and cognitive outcomes of tracking happiness-related activities and coping behaviors: Experiments in the context of daily life. The Society for Personality and Social Psychology Annual Meeting. New Orleans, LA.
- Du Pont, A., **Devlin, H.C.**, & Gruber, J. (2013). The link between social power and generosity: The important role of positive emotions. The Society for Personality and Social Psychology Emotion Pre-Conference, New Orleans, LA.
- Devlin, H.C.**, Zaki, J., & Gruber, J. (2012). Risk for mania and associations with empathic accuracy: Do excesses in positive emotion impact the emotional perception of others? The Society for Research in Psychopathology Conference. Ann Arbor, MI.
- Devlin, H.C.**, Mitamura, C., Hou, E., & Tugade M.M. (2012). Mindfulness and mind-wandering: The effects of attention and awareness on coping and resiliency. The Society for Personality and Social Psychology Annual Meeting, San Diego, CA.
- Devlin, H.C.** & Tugade, M.M. (2011). Sharing the good news of others facilitates resilience and builds interpersonal resources. 2011 Association of Psychological Science Annual Convention, Washington, D.C.
- Nichols, J., Tugade, M.M., Morrow, J., Stevenson, J.E., & **Devlin, H.C.** (2011). The "happiest and greenest nation": Optimism, emotion, environmental stress, and well-being among Costa Rican women. The Society for Personality and Social Psychology Annual Meeting, San Antonio, TX.
- Tugade, M.M., **Devlin, H.C.**, Boothroyd, E., Laufer, A., & Cohen, J. (2011). The automaticity of positive emotion: Examining the role of emotion accessibility on coping. The Society for Personality and Social Psychology Annual Meeting, San Antonio, TX.

Ashida, S., Hadley, D.W., Giroux, A., Skapinsky, K., **Devlin, H.C.**, & Koehly, L.M. (2010). Older members provide more social resources than younger members: Familial social network systems affected by a hereditary cancer syndrome. The Gerontological Society of America Annual Meeting, New Orleans, LA.

Koehly, L.M., **Devlin, H.C.**, Ashida, S., Giroux, A., Skapinsky, K., & Hadley, D.W. (2010). Optimistic and pessimistic network members in families affected by a hereditary cancer syndrome: Implications for risk communication and screening encouragement. The Annual International Social Networks Conference, Riva Del Garda, Italy.

Marciante, M., Kim-Prieto, C., Zdep, L., Dutt, A., Alfeo, A., Ayad, E., Bartolini, C., **Devlin, H.C.**, & Deberry, J. (2010). The impact of stereotypical depictions of women on explicit stereotyping of other devalued groups. The Eastern Psychological Association 2010 Meeting, Brooklyn, NY.

Devlin, H.C., Hadley, D.W., & Koehly, L.M. (2009). Broadening-and-building: The role of optimism in enhancing communication within families with Lynch Syndrome. The National Institutes of Health Annual Summer Poster Session, Bethesda, MD.

RESEARCH EXPERIENCE

2011–present **Clark Relationships Laboratory, Yale University**

Mentor: Margaret Clark, Ph.D.

Graduate student under the supervision of Dr. Margaret Clark. Research projects include investigations of how individuals respond to others' positive emotional experiences, and the process and functions of empathic positive emotion in an interpersonal context. Current and upcoming projects include an examination of empathic positive emotion, or feeling happy for others, and the consequences associated with this experience, as well as other experiences of social emotion, such as Schadenfreude.

2011–present **Positive Emotion & Psychopathology Laboratory, University of Colorado, Boulder**
Mentor: June Gruber, Ph.D.

Graduate student under the supervision of Dr. June Gruber at Yale University from 2011-2013 at Yale University, now an affiliated graduate student of the laboratory at University of Colorado, Boulder. Research projects include investigations of the functions and dysfunctions associated with positive emotions, with a particular focus on their role in interpersonal functioning and relationships. Projects also include the relationship between mania risk and various outcomes, including empathic accuracy and risk-taking.

2010–2011 **The Emotions and Psychophysiology Laboratory, Vassar College**
Mentor: Michele M. Tugade, Ph.D.

Laboratory Coordinator and Research Associate. Duties included design and implementation of research studies, data management and analysis, writing up aspects of research for presentation and publication, handling the preparation, scheduling, and coordination of study sessions, leading the training of research assistants, development of lab manuals and other study materials, including building online questionnaires. Ongoing lab research projects examine emotions and resilience, coping, mindfulness, and interpersonal processes.

- 2009–2010 **The Emotion Laboratory, The College of New Jersey**
Mentor: Chu Kim-Prieto, Ph.D.
 Duties involved managing an ongoing emotion study, through data collection and management, and participant scheduling. Research topics included emotion (e.g., pride, happiness), culture, group dynamics, and prejudice.
- Summer 2009 **Social Network Methods Section, The National Institutes of Health (NIH)**
Mentor: Laura M. Koehly, Ph.D.
 Duties involved data management and computer entry, data analysis, preparation of materials to be administered to participants, and the development, implementation, and presentation of a research project examining the relationship between optimism and communication in families with Lynch syndrome.
- Spring 2009 **Infant and Child Studies Laboratory, The College of New Jersey**
Mentor: Margaret Ruddy, Ph.D.
 Duties involved conducting day-to-day logistics of the research, including child observation, research tools/manipulation development, data collection and coding.

TEACHING EXPERIENCE

- Fall 2014 **Graduate Teaching Fellow** (Yale University)
Course: Psychopathology & Diagnostic Assessment taught by Dr. David Klemanski
 Evaluated and provided feedback on clinical assessment interviews, and provided additional assistance to students.
- Fall 2014 **Graduate Teaching Fellow** (Yale University)
Course: Attraction and Relationships taught by Dr. Margaret Clark
 Led weekly discussion sections; edited and graded student assignments; created course materials for section; held office hours.
- Summer 2014 **Graduate Teaching Fellow** (Yale University)
Course: Human Emotion – Online Summer Session taught by Dr. June Gruber
 Led weekly discussion sections in an online classroom format; edited and graded student assignments; created course materials.
- Spring 2014 **Graduate Teaching Fellow** (Yale University)
Course: Autism & Related Disorders – Seminar & Practicum taught by Dr. Fred Volkmar
 Attended lectures; edited and graded student assignments; coordinated student practicum placements.
- Fall 2013 **Associate Teacher** (Yale University)
Course: Human Emotion co-taught with Dr. June Gruber
 Was selected to co-teach a large lecture course (~250 students) at Yale. Designed and delivered 8 course lectures; Co-developed course syllabus; Created course materials, assignments, & grading rubrics; Selected course readings; Supervised course teaching fellows.
Course Lectures included:

Social Emotions; Emotions & Culture; Gender & Sex; Psychophysiology & Emotion; Affective Neuroscience; Emotion in Animals; Health & Well-Being; Happiness.

- Summer 2013 **Graduate Teaching Fellow** (Yale University)
Course: Human Emotion – Online Summer Session taught by Dr. June Gruber
 Led weekly discussion sections in an online classroom format; edited and graded student assignments; created course materials.
- Spring 2013 **Graduate Teaching Fellow** (Yale University)
Course: Abnormal Psychology taught by Dr. David Klemanski
 Attended lectures; edited and graded student assignments; aided in the preparation of examinations; held weekly office hours.
- Fall 2012 **Graduate Teaching Fellow** (Yale University)
Course: Research Methods in Happiness taught by Dr. June Gruber
 Attended lectures; led weekly lab sections; created handouts and assignments; edited and graded research papers, lab reports, and other assignments.
- Fall 2008 **Undergraduate Teaching Assistant** (The College of New Jersey)
Course: Methods and Tools of Psychology taught by Prof. Jill Schwarz
 Invited by instructor to assist in conducting an introductory Psychology research course. Duties included creating class handouts, discussing strengths and weaknesses of research-based publications with the class, providing written and oral feedback on student research papers, facilitating group work, and meeting with students to address questions regarding course material.

INVITED GUEST LECTURES

- Nov 2013 **Yale University** (Course: Research Methods in Happiness)
 Lectured on “Dyadic Paradigms in Research”
- Feb 2013 **Yale University** (Course: Human Emotion)
 Lectured on “Interpersonal Emotion Regulation,” which was filmed as part of the online Human Emotion course at Yale University and is offered publicly on youtube and iTunes.
- Nov 2012 **Yale University** (Course: Research Methods in Happiness)
 Lectured on “Dyadic Paradigms in Research”
- March 2011 **Vassar College** (Course: Research Methods in Social Psychology)
 Lectured on “Positive Emotion and Capitalization”

RESEARCH MENTORING EXPERIENCE

- 2013–present **Graduate Student Mentor, Yale University**
Laboratory: Clark Relationships Laboratory
 Supervised undergraduate research assistants, which includes training and overseeing study sessions, assigning lab duties and providing feedback and guidance on data analysis and other research tasks.

- 2011–2013 **Graduate Student Mentor, Yale University**
Laboratory: Yale Positive Emotion & Psychopathology Laboratory
 Co-supervised undergraduate research assistant (Cristina Ruiz) in development and implementation of her senior honors thesis and in her role as the experimenter for an ongoing research collaboration. Also serves as supervisor to several other undergraduate research assistants, which includes training and overseeing study sessions, assigning lab duties and providing weekly feedback, and providing guidance on data analysis and other research tasks.
- 2010–2011 **Laboratory Coordinator, Vassar College**
Laboratory: Emotions and Psychophysiology Lab
 Trained undergraduate research assistants and research methods students in running study sessions for multiple research projects. This included developing protocols, administering training, and overseeing study sessions.

MEDIA COVERAGE

Research featured in: Forbes Magazine, Huffington Post, and New York Magazine.

REVIEWING EXPERIENCE

- 2014 *Journal of Autism and Developmental Disorders (JADD)*, Ad-hoc reviewer
 2012 *Society for Personality and Social Psychology (SPSP)* Student Poster Award, Reviewer

CLINICAL & VOLUNTEER EXPERIENCE

- 8/2012-present **Clinician, Yale Center for Anxiety and Mood Disorders (YCAMD)**
 Cognitive-behavioral therapist treating patients with anxiety and mood disorders. Duties include providing individual and group therapy to patients, development of treatment plans, participating in and periodically leading weekly supervision meetings on case conceptualizations and treatment progression.
- 1/2012-present **Intake Clinician, Yale Center for Anxiety and Mood Disorders (YCAMD)**
 Intake clinician for patients with anxiety and mood disorders. Duties include assessment (administering Structured Clinical Interview for DSM-IV Axis I and Axis II), developing and presenting diagnostic impressions at case review meetings, and writing psychological history reports with information from intake interview, case conceptualization, and recommendations for treatment.
- 2008–2010 **CONTACT Crisis Hotline of Mercer County**
 Completed 40-hour training course in listening and communication skills, which covered topics such as listening, mental health, grief and loss, family violence, aging and death, family dynamics, addiction, sexuality, and crisis intervention. After training, duties included answering and responding to phone calls for the crisis hotline and a national suicide prevention line.
- 2008 **Nursing Student Clinical Shifts, Robert Wood Johnson Hospital**
 Completed two years in the Nursing Program at The College of New Jersey. Training included regular hospital shifts where I was assigned individual patient care, which

involved completing health assessments and interviews, creating care plans applicable to the patient, providing morning care, and administering medications.

CLINICAL SUPERVISORY EXPERIENCE

7/2014-present **Clinical Fellow, Yale Center for Anxiety and Mood Disorders (YCAMD)**
 Selected to serve as a Clinical Fellow at the Yale Center for Anxiety and Mood Disorders. Practicum responsibilities include co-supervising fellow student clinicians during their training in intake assessment procedures, case conceptualization, and providing individual therapy to patients; providing feedback to students on therapy sessions and diagnostic interviews; teaching CBT and DBT skills to clinicians-in-training; co-leading weekly case review meetings; editing clinicians’ intake and history reports; coordinating clinic community outreach efforts.

SERVICE

2013 Yale Graduate Student Visiting Day Committee, Clinical Psychology Area Co-Chair
 2012-2013 Yale Department of Psychology Clinical Current Works Committee

SPECIALIZED TRAINING

2011 Facial Action Coding System (FACS), Certified coder
 2010 ASIST (Applied Suicide Intervention Skills Training) Workshop