Psychology 3303 Exam 3 Study Sheet

Note: There may be concepts from lecture or readings on the exam not covered in this sheet.

It is your responsibility to attend lecture and complete the assigned readings.

**Week 10.2 – Women’s Mental Health** (Pittman-Wagers Guest Lecture)
1. 4 reasons to be interested in women’s mental health (from class)
2. Biopsychosocial model
3. Explain social, biological and psychological factors explaining gender disparities in mental health

**Week 11.1 – Personality Disorders**
4. Define personality
5. OCEAN
6. DSM-5 criteria for personality disorders
7. 3 clusters of personality disorders (define, example disorders, symptoms for each disorder)
8. DBT and 4 modules (list, define)

**Week 11.2 – Dissociative Disorders**
9. Definition of dissociative disorders
10. DSM-5 Diagnostic criteria for each of the dissociative disorders
11. Treatment of dissociative disorders (from textbook)

**Week 12.1 – Childhood Disorders**
12. Developmental psychopathology (define)
13. Risk vs. Resilience
14. Equifinality vs. Multifinality
15. Externalizing versus internalizing disorders (define, 2 disorder examples for each category, symptoms for each disorder)
16. Etiology and treatment of externalizing and internalizing disorders (see textbook)
17. Autism spectrum disorders: diagnostic criteria, triad of impairment, specific emotion related impairments

**Week 12.2 – Eating Disorders Prevention and Treatment** (Strife Guest Lecture)
18. Body image risk factors
19. Body image protective factors
20. Body image dissatisfaction in Boulder (examples)
21. Prevention approaches to body image difficulties (examples from class)
22. Appearance ideal
23. Body research project (aims and three domains of Healthy Body Mind and Voice pilot on campus)

**Week 13.1 – Emerging Adulthood and College Mental Health**
24. Examines of risk and resilience during emerging adulthood
25. Prevalence of mental health difficulties in college students (from class)
26. Risk factors for underrepresented students
27. Emodiversity (define, research findings linking to clinical and physical health)
28. Emotion-related impulsivity (define, research findings linking to clinical health)
29. EMERGE study (aims, target population)

**Week 13.2 – Sexual Disorders**
30. Cycle of sexual arousal (5 stages)
31. Gender differences in sexual difficulties
32. DSM-IV vs. DSM-5 differences in sexual dysfunction disorders
33. Psychological causes of sexual dysfunction disorders
34. Biological treatments (example)
35. Individual and couples therapy (describe, example)
36. Paraphilias (symptoms, examples)
37. Criteria for addiction, and evidence base for/against construct of “sexual addiction”

**Week 14.1 – Happiness and Psychopathology**
38. Definitions of happiness
39. Broaden & build theory of positive emotion
40. Riddles about happiness
41. What makes people happy
42. Happiness set point
43. “Dark side” of happiness (key themes)